## University Core and Graduation Requirements

### University Core Requirements:

<table>
<thead>
<tr>
<th>Requirements</th>
<th>#Classes</th>
<th>Hours</th>
<th>Classes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Religion Cornerstones</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Teachings and Doctrine of The Book of Mormon</td>
<td>1</td>
<td>2.0</td>
<td>REL A 275</td>
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<tr>
<td>Jesus Christ and the Everlasting Gospel</td>
<td>1</td>
<td>2.0</td>
<td>REL A 250</td>
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<tr>
<td>Foundations of the Restoration</td>
<td>1</td>
<td>2.0</td>
<td>REL C 225</td>
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<tr>
<td>The Eternal Family</td>
<td>1</td>
<td>2.0</td>
<td>REL C 200</td>
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<tr>
<td><strong>The Individual and Society</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>American Heritage</td>
<td>1-2</td>
<td>3-6.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Global and Cultural Awareness</td>
<td>1</td>
<td>3.0</td>
<td>ANTHR 101*, SOC 113*, or POLI 472*</td>
</tr>
<tr>
<td><strong>Skills</strong></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>First Year Writing</td>
<td>1</td>
<td>3.0</td>
<td>WRTG 150* or ELANG 150*</td>
</tr>
<tr>
<td>Advanced Written and Oral Communications</td>
<td>1</td>
<td>3.0</td>
<td>PSYCH 307*</td>
</tr>
<tr>
<td>Quantitative Reasoning</td>
<td>1</td>
<td>3.0</td>
<td>MATH 110 recommended</td>
</tr>
<tr>
<td><strong>Languages of Learning (Math or Language)</strong></td>
<td>1</td>
<td>4.0</td>
<td>PSYCH 308*</td>
</tr>
<tr>
<td><strong>Arts, Letters, and Sciences</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Civilization 1</td>
<td>1</td>
<td>3.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Civilization 2</td>
<td>1</td>
<td>3.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Arts</td>
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<td>3.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Letters</td>
<td>1</td>
<td>3.0</td>
<td>from approved list</td>
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<tr>
<td>Biological Science</td>
<td>1</td>
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</tr>
<tr>
<td>Physical Science</td>
<td>1-2</td>
<td>3-7.0</td>
<td>from approved list</td>
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<tr>
<td>Social Science</td>
<td>1</td>
<td>3.0</td>
<td>PSYCH 111*</td>
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<tr>
<td><strong>Core Enrichment: Electives</strong></td>
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<tr>
<td>Religion Electives</td>
<td>3-4</td>
<td>6.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Open Electives</td>
<td>Variable</td>
<td>Variable</td>
<td>personal choice</td>
</tr>
<tr>
<td><strong>Graduation Requirements:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Minimum residence hours required</td>
<td>30.0</td>
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</tr>
<tr>
<td>Minimum hours needed to graduate</td>
<td>120.0</td>
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</tbody>
</table>

### Suggested Sequence of Courses

#### FRESHMAN YEAR

- **1st Semester**
  - PSYCH 101 (FW) 1.0
  - PSYCH 111 (FWSpSu) 3.0
  - BIO 100 or PHY S 100 3.0
  - First-year Writing or American Heritage 3.0
  - Religion Cornerstone course 2.0
  - General electives 3.0
  - Total Hours 15.0

- **2nd Semester**
  - MATH 110 (prereq for PSYCH 308) 3.0
  - PSYCH 210 (FWSpSu) 3.0
  - First-year Writing or American Heritage 3.0
  - Religion Cornerstone course 2.0
  - General electives 4.0
  - Total Hours 15.0

#### SOPHOMORE YEAR

- **3rd Semester**
  - PSYCH 308 (FWSpSu) 4.0
  - BIO 100 or PHY S 100 3.0
  - Religion Cornerstone course 2.0
  - General electives 6.0
  - Total Hours 15.0

- **4th Semester**
  - PSYCH 307 (FWSpSu) 3.0
  - PSYCH multicultural issues course 3.0
  - Religion elective 2.0
  - General electives 7.0
  - Total Hours 15.0

#### JUNIOR YEAR

- **5th Semester**
  - PSYCH 309 (FWSpSu) 3.0
  - PSYCH gender issues course 3.0
  - Civilization 1 3.0
  - PSYCH 310 3.0
  - Religion Cornerstone course 2.0
  - General Elective course 1.0
  - Total Hours 15.0

- **6th Semester**
  - PSYCH core course (2) 3.0
  - PSYCH cluster course (2) 3.0
  - Civilization 2 3.0
  - Religion elective 2.0
  - General electives 4.0
  - Total Hours 15.0

#### SENIOR YEAR

- **7th Semester**
  - PSYCH capstone 410(FW),420-430(FWSpSu) 3.0
  - PSYCH core course (3) 3.0
  - PSYCH cluster course (3) 3.0
  - Letters General Education 3.0
  - General electives 1.0
  - Total Hours 15.0

- **8th Semester**
  - PSYCH core course (3) 3.0
  - PSYCH cluster course (3) 3.0
  - PSYCH elective 3.0
  - Letters General Education 3.0
  - General electives 3.0
  - Total Hours 15.0

**Note:** Students are encouraged to complete an average of 15 credit hours each semester or 30 credit hours each year, which could include spring and/or summer terms. Taking fewer credits substantially increases the cost and the number of semesters to graduate.
At least 36 of the total major credits must be 300-level or above. (Students can enroll in 500-level courses on a space-available basis.)

The Psychology Department requires a minimum of 23 hours of psychology major credit to be taken in residence at BYU for this degree program. These hours may also go toward BYU’s 30-hour residency requirement for graduation.

A maximum of 13 hours may be taken as Independent Study (only 8 of which may count as departmental residence hours).

**REQUIREMENT 1** Complete 1 course
ELANG 150 - First-Year Writing for International Students 3.0
WRTG 150 - Writing and Rhetoric 3.0

**REQUIREMENT 2** Complete 1 option
PREREQUISITE COURSES:

**OPTION 2.1** Complete 3 courses
PSYCH 101 - Orientation to the Psychology Major 1.0
*PSYCH 111 - Introduction to Psychological Science 3.0
PSYCH 210 - A History of Psychology 3.0

Note: These courses must be completed prior to enrollment in Psych 307, 308, 309, 310.

**REQUIREMENT 3** Complete 1 course
MULTICULTURAL ISSUES COURSES:

*ANTHR 101 - Social/Cultural Anthropology 3.0
EL ED 351 - (Not currently offered) 3.0
SFL 354 - Cross-Cultural Family and Human Development 3.0
*SOC 113 - Multicultural America 3.0

**REQUIREMENT 4** Complete 1 option
PREREQUISITE COURSES:

**OPTION 4.1** Complete 4 courses
*PSYCH 307 - Writing Within Psychology 3.0
*PSYCH 308 - Psychological Statistics 4.0
PSYCH 309 - Psychological Testing 3.0
PSYCH 310 - Psychological Research Design and Analysis 3.0

Note 1: Psych 307 may be taken concurrently with Psych 308.
Note 2: Psych 308 is prerequisite to both Psych 309 and 310 and may be taken concurrently with 210.
Note 3: Psych 309 and 310 may be taken concurrently.
Note 4: Students considering application to graduate study are strongly encouraged to take Psych 200.
Note 5: English 315 can substitute for Psych 307.

**REQUIREMENT 5** Complete 1 course
GENDER ISSUES COURSES (NOTE: IF PSYCH 306 IS SELECTED TO FILL THIS REQUIREMENT, IT CANNOT ALSO BE USED TO FILL THE REQUIREMENT LISTED IN CLUSTER B):

POLI 472 - International Political Economy of Women 3.0
PSYCH 306 - Psychology of Gender 3.0
SOC 367 - Sociology of Gender 3.0
WS 222 - (WS-Soc) Introduction to Global Women’s Studies 3.0

**REQUIREMENT 6** Complete 1 course
NOTE: PSYCH 320 OR 342 CANNOT BE DOUBLE-COUNTED HERE AND IN CLUSTER A.

PSYCH 320 - Developmental Psychology: Childhood 3.0
PSYCH 342 - Abnormal Psychology 3.0

**REQUIREMENT 7** Complete 2 courses
PSYCH 350 - (Psych-Soc) Introduction to Social Psychology 3.0
PSYCH 381 - Behavioral Neurobiology 3.0

**REQUIREMENT 8** Complete 1 option
COMPLETE THREE COURSES IN ONE OF THE FOLLOWING CLUSTERS:

**OPTION 8.1** Complete 3 courses
CLUSTER A - DEVELOPMENTAL AND CLINICAL PSYCHOLOGY:

PSYCH 311 - Critical Issues in Psychology 3.0
PSYCH 320 - Developmental Psychology: Childhood 3.0
PSYCH 321 - Developmental Psychology: Adolescence 3.0
PSYCH 322 - Developmental Psychology: Adulthood 3.0
PSYCH 341 - Personality 3.0
PSYCH 342 - Abnormal Psychology 3.0
PSYCH 343 - Child Psychopathology 3.0
PSYCH 345 - Basic Mediation 3.0
PSYCH 348 - Clinical Psychology 3.0
PSYCH 349 - Introduction to Positive Psychology 3.0
PSYCH 356 - Introduction to Health Psychology 3.0
PSYCH 359 - Leadership Development 3.0
PSYCH 376 - (Not currently offered) 3.0

**OPTION 8.2** Complete 3 courses
CLUSTER B - SOCIAL PSYCHOLOGY -- STUDENTS MAY USE ONE SOCIAL WORK COURSE FROM CLUSTER A FOR THIS CLUSTER.

PSYCH 306 - Psychology of Gender 3.0
PSYCH 311 - Critical Issues in Psychology 3.0
PSYCH 330 - Organizational Psychology 3.0

**REQUIREMENT 9** Complete 1 course
COMPLETE ONE ADDITIONAL COURSE LISTED IN THE OTHER CLUSTERS NOT COMPLETED ABOVE. (PSYCH 307, 308, 309, AND 310 ARE REQUIRED PREREQUISITES.)

PSYCH 338 - Sport Psychology 3.0
PSYCH 341 - Personality 3.0
PSYCH 345 - Basic Mediation 3.0
PSYCH 349 - Introduction to Positive Psychology 3.0
PSYCH 352 - Applied Social Psychology 3.0
PSYCH 353 - LDS Perspectives and Psychology 3.0
PSYCH 354 - Psychology of Religion 3.0
PSYCH 356 - Introduction to Health Psychology 3.0
PSYCH 358 - Leadership Development 3.0
PSYCH 376 - (Not currently offered) 3.0

**OPTION 8.3** Complete 3 courses
CLUSTER C - BEHAVIOR, BRAIN, AND COGNITION -- STUDENTS MAY USE ONE SOCIAL WORK COURSE FROM CLUSTER A FOR THIS CLUSTER.

PSYCH 311 - Critical Issues in Psychology 3.0
PSYCH 361 - Principles of Learning 3.0
PSYCH 365 - Motivation 3.0
PSYCH 370 - Sensation and Perception 3.0
PSYCH 375 - Cognition 3.0
PSYCH 377 - The Cognitive Neuroscience of Memory 3.0
PSYCH 382 - Stress Psychology 3.0
PSYCH 387 - Introduction to Primate Behavior 3.0
PSYCH 388 - Drugs, Reward and Addiction 3.0

**REQUIREMENT 10** Complete 1 course

Complete 1 option
BS in Psychology (735420)
2018-2019 Program Requirements Cont...

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>PSYCH 354</td>
<td>Psychology of Religion</td>
<td>3.0</td>
</tr>
<tr>
<td>PSYCH 356</td>
<td>Introduction to Health Psychology</td>
<td>3.0</td>
</tr>
<tr>
<td>PSYCH 358</td>
<td>Leadership Development</td>
<td>3.0</td>
</tr>
<tr>
<td>PSYCH 361</td>
<td>Principles of Learning</td>
<td>3.0</td>
</tr>
<tr>
<td>PSYCH 365</td>
<td>Motivation</td>
<td>3.0</td>
</tr>
<tr>
<td>PSYCH 370</td>
<td>Sensation and Perception</td>
<td>3.0</td>
</tr>
<tr>
<td>PSYCH 375</td>
<td>Cognition</td>
<td>3.0</td>
</tr>
<tr>
<td>PSYCH 376</td>
<td>(Not currently offered)</td>
<td>3.0</td>
</tr>
<tr>
<td>PSYCH 377</td>
<td>The Cognitive Neuroscience of Memory</td>
<td>3.0</td>
</tr>
<tr>
<td>PSYCH 382</td>
<td>Stress Psychobiology</td>
<td>3.0</td>
</tr>
<tr>
<td>PSYCH 387</td>
<td>Introduction to Primate Behavior</td>
<td>3.0</td>
</tr>
<tr>
<td>SOC W 200</td>
<td>Introduction to Social Work</td>
<td>3.0</td>
</tr>
<tr>
<td>SOC W 331</td>
<td>Social Welfare Policy</td>
<td>3.0</td>
</tr>
<tr>
<td>SOC W 360</td>
<td>Social Work Practice with Individuals</td>
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</tr>
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REQUIREMENT 10 Complete 3.0 hours from the following option(s)

**CAPSTONE SEMINARS.**

**OPTION 10.1** Complete 3.0 hours from the following course(s)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>PSYCH 410R</td>
<td>Senior Practicum: Teaching of Psychology</td>
<td>3.0v</td>
</tr>
<tr>
<td></td>
<td>You may take up to 3 credit hours.</td>
<td></td>
</tr>
<tr>
<td>PSYCH 420R</td>
<td>Senior Practicum: Community Projects</td>
<td>3.0v</td>
</tr>
<tr>
<td></td>
<td>You may take up to 3 credit hours.</td>
<td></td>
</tr>
<tr>
<td>PSYCH 430R</td>
<td>Senior Practicum: Research in Psychology</td>
<td>3.0v</td>
</tr>
<tr>
<td></td>
<td>You may take up to 3 credit hours.</td>
<td></td>
</tr>
<tr>
<td>PSYCH 496R</td>
<td>Academic Internship, Capstone</td>
<td>3.0v</td>
</tr>
<tr>
<td></td>
<td>You may take up to 3 credit hours.</td>
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</tr>
</tbody>
</table>

Note 1: To enroll in a capstone seminar students must have completed
Psych 101, 111, 210, 308, 309, and 310; one core course from Cluster A, B, or C; and three other 300-level psychology courses (or be concurrently enrolled in the third course).

THE DISCIPLINE:

The Department of Psychology offers a program designed to (1) increase the understanding of human behavior, (2) develop skills for applying such understanding, and (3) expand the frontiers of knowledge through student-faculty research and other scholarly activity.

RESEARCH OPPORTUNITIES:

Contact the Psychology Department for this information.

HONORARY SOCIETIES AND CLUBS:

BYU sponsors a chapter of Psi Chi the National Honors Society

in psychology and Psychology Association.

INTERNSHIPS:

Academic internships are available and encouraged. Academic credit is arranged through Psych 399R and Psych 496R.

MINORS:

A minor is not required, but students may select a minor or a combination of courses in other departments depending on their educational and professional objectives. The same courses cannot count for both the psychology major and a minor in another department. For students who will go no farther than a bachelor’s degree, it is recommended that they broaden their employment opportunities by taking courses in areas of their professional interests.

CAREERS:

Psychologists engage in a variety of academic roles including teaching, research, and administration. They also provide counseling, clinical, and consulting services to individuals and organizations. They are employed in colleges and in universities; public and private schools; clinics, hospitals, and private practice; business and industry; and government and private agencies. The study of psychology has particular value for family life and other cultural and civic responsibilities. It also complements other specializations concerned with human behavior, including the practice of law.

Most professional positions in psychology require advanced degrees, generally the doctorate, though the bachelor’s degree may provide employment in such areas as high school teaching, mental health care, detention and probation services, auxiliary social work, and personnel and human resources. The psychology major is a popular preliminary to graduate study in the professions of business, law, and medicine.

For more information on careers in your major, please contact the University Career Center or the Academic Advisement Center.

MAP DISCLAIMER

While every reasonable effort is made to ensure accuracy, there are some student populations that could have exceptions to listed requirements. Please refer to the university catalog and your college advisement center/department for complete guidelines.

DEPARTMENT INFORMATION

Psychology Department
Brigham Young University
1001 Spencer W. Kimball Tower
Provo, UT 84602
Telephone: 801-422-4287

ADVISEMENT CENTER INFORMATION

Liberal Arts Advisement and Careers
Brigham Young University
1041 JFSB
Provo, UT 84602
Telephone: 801-422-3541